

J. Lesson Ten: Resting in God’s Father-Son love through the advance installment of the Holy Spirit

1. Detachment: experiencing a restless in the Christian life

37. I feel I do not remind myself of the presence of God in Jesus Christ through the Holy Spirit enough.

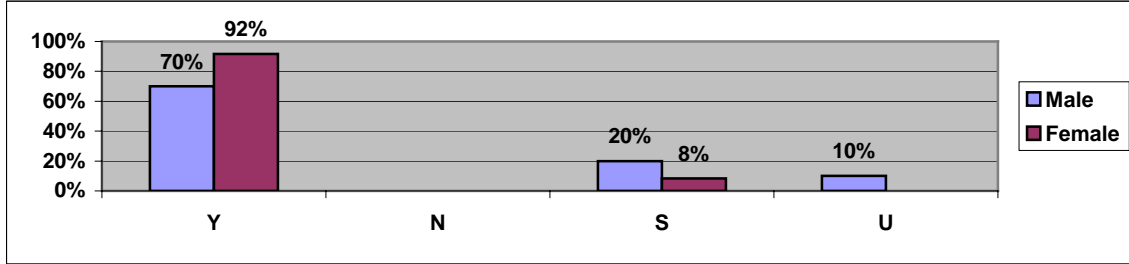


Figure 73: Not feeling oneself resting in God’s Father-Son love

38. The starting point of the Christian life is resting with Christ in God through the Holy Spirit.

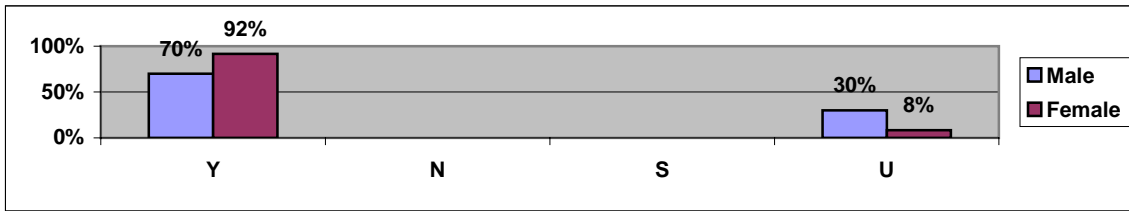


Figure 74: Knowledge about resting in God’s Father-Son love

39. I would like to learn to rest with Christ in God through the Holy Spirit more.

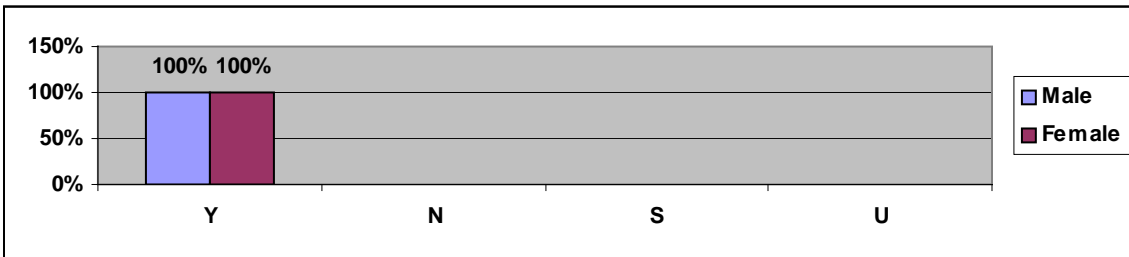


Figure 75: Desire to learn to rest in God’s Father-Son love more

40. I remind myself of the presence of God in Christ through the Holy Spirit every day.

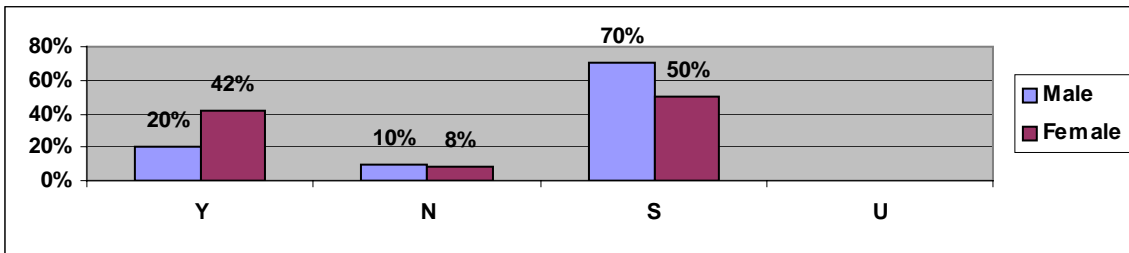


Figure 76: Resting daily in God’s Father-Son love

2. Learning experience: moving from doing to being

37. I feel I remind myself of the presence of God in Jesus Christ through the Holy Spirit more now than I before the 10-week learning experience.

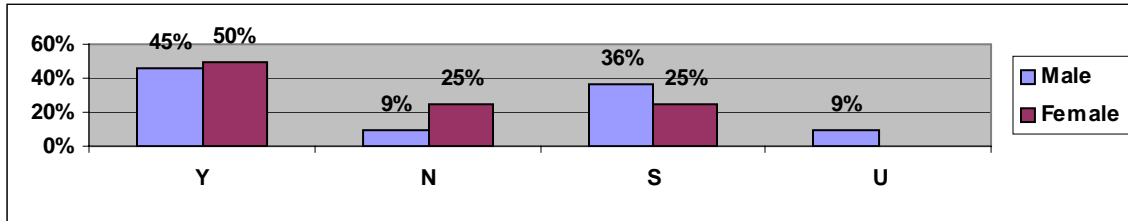


Figure 77: Increase in feeling oneself resting in God's Father-Son love

38. I understand better now that the starting point of the Christian life is resting with Christ in God through the Holy Spirit.

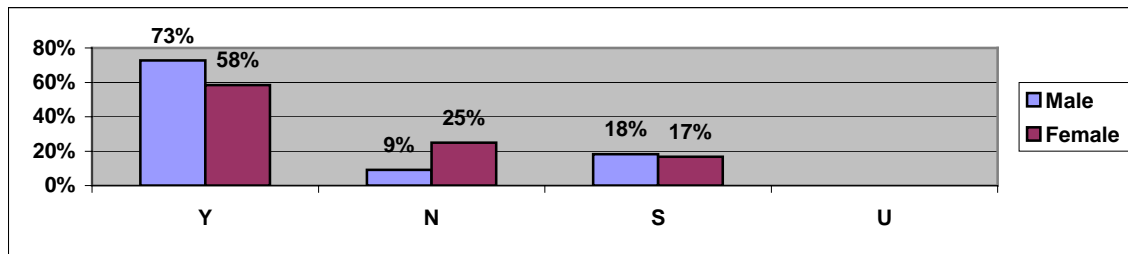


Figure 78: Increase in knowledge about resting in God's Father-Son love

39. I want to learn to rest with Christ in God through the Holy Spirit more now than I did before the 10-week learning experience.

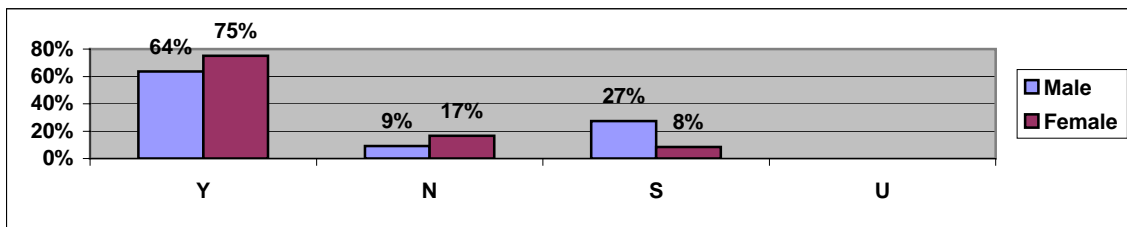


Figure 79: Increase in desire to learn to rest in God's Father-Son love

40. I have the habit of reminding myself of the presence of God in Christ through the Holy Spirit more now than I did before the 10-week learning experience.

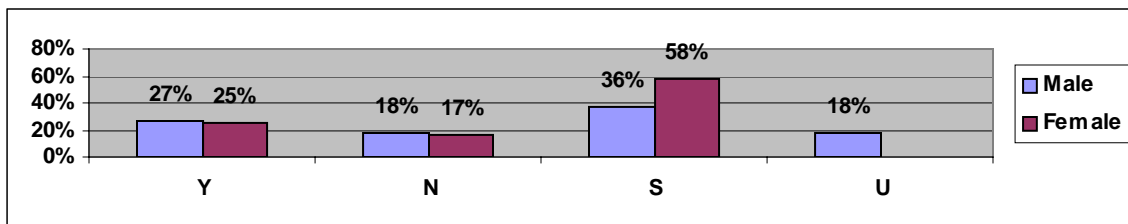


Figure 80: Increase in resting in God's Father-Son love

3. Evaluation, analysis and conclusions

<p>Hypothesis</p>	<p><i>Christians sometimes or often experience restlessness in the Christian life perhaps because the starting point of their Christian life is characterized more by doing than resting embedded with Christ in the presence of God's Father-Son love.</i></p>					
<p>Did not feel oneself resting embedded with Christ in the presence God's Father-Son love</p>	<p>Males</p>	<p>Y 70%</p>	<p>S 20%</p>	<p>Females</p>	<p>Y 67%</p>	<p>S 8%</p>
<p>Increase in feeling oneself resting in embedded with Christ in the presence God's Father-Son love.</p>	<p>Males</p>	<p>Y 45%</p>	<p>S 36%</p>	<p>Females</p>	<p>Y 50%</p>	<p>S 25%</p>
<p style="text-align: center;">Narrative response</p> <p>This is such a new experience for me. I do need reminders. It's easy to fall back to what was done before (F).</p>						
<p style="text-align: center;">Analysis</p> <p>Detachment: 70% of the males and 67% of the females felt significant affective detachment or dis-embeddedness in experiencing restlessness in their Christian life.</p> <p>Learning experience: The learning experience significantly moved 45% of the males and 50% of the females to an increased experience of rest by being embedded with Christ in the Father through the advance installment of the Holy Spirit. Other factors may also have influenced the outcome.</p>						
<p style="text-align: center;">Conclusions</p> <p>Since the learning activity of practising the presence of God by having an interactive, conversational relationship with Him sought to move the participants from the restless of doing to the rest of doing that proceeds from being embedded with Christ in the Father through the advance installment of the Holy Spirit, there appears to be some causal connection between taking the starting point of one's life in doing rather than in resting embedded with Christ in the presence of God's Father-Son love. The narrative response appears to confirm this.</p> <p>This lesson of the learning experience was reasonably helpful for both males and females in moving them to an increased experience of feeling themselves resting embedded with Christ in the Father through the advance installment of the Holy Spirit</p>						

Table 10: From restlessness to rest